

Specific health screenings.

Targeted Cancer Screening



We'll focus on spotting signs of some of the most common cancers and support with any next steps, without the need for a GP referral.



Recommended for:

- Those aged 18 and over*

*HPV/Smear tests are not clinically recommended for those under 25. Under 25's can discuss their concerns with a doctor who will advise on best next steps if there are medical concerns about this.



Times

- In-centre consultation with a GP
- up to 30 minutes

Testicular cancer

Advice on the signs and symptoms of testicular cancer and examination if needed.

- Review of medical history relating to testicular cancer
- Testicular examination¹

Prostate cancer

Advice on the signs and symptoms of prostate cancer, plus a PSA blood test and examination if needed.

- Review of medical history relating to prostate cancer
- PSA - Prostate cancer screening blood test. Aged 50+ or 45+¹ if clinically indicated.
- Prostate examination¹
- Onward referral during the appointment or once the PSA results are in, if needed.

Breast cancer

Get a picture of your current breast health and discuss any potential concerns with a GP.

- Full consultation including medical history review related to breast cancer
- Breast examination
- Onward referral during the appointment or upon receipt of any test results, if needed.

Cervical cancer

Get a picture of your current cervical health and discuss any potential concerns with a GP.

- Full consultation including medical history review related to cervical cancer
- Cervical examination¹ if clinically indicated
- Test for human papilloma virus (HPV) for those aged 25 and over²
- Onward referral during the appointment or upon receipt of any test results, if needed.

¹ Based on the results of the health questionnaire, depending on risk factors and medical history. Some tests may only be provided if considered appropriate by the doctor.

² Smear will be carried out if HPV virus is present, in line with NHS guidelines for best practice.

*This health assessment is not suitable if you are pregnant.
You may attend a health assessment once you are 6 weeks post-natal.

Add ons

- Mammography: Aged 40+
- Bowel cancer screening test (stool) 45+
- Colon CT (Computerized Tomography) 45+