



# Connecting young disabled people to the world of work

## Business health is building a team where everyone belongs

As the Official Healthcare Partner of ParalympicsGB we're working together to champion more inclusive workplaces where everybody can realise their full potential.

**\*1 in 4 UK adults are disabled and twice as likely to be unemployed than non-disabled people.**

At Bupa we want to help make workplaces more inclusive for disabled people. We believe providing more support to those in their early careers is crucial to closing the disability employment gap.

## Support us to connect more young disabled people to the world of work

In partnership with Career Ready, Scope and ParalympicsGB we're working to connect more young people with disabilities, health conditions and impairments to the world of work.

We're asking businesses across the UK to support by providing paid internships for disabled students, helping to prepare them for the workplace.

By working together to provide young disabled people with the experience, skills, and knowledge they need we can all champion more inclusive workplaces that are **better for business**.



*\*<https://www.scope.org.uk/media/disability-facts-figures/>*

## What's involved?

Career Ready is a UK-wide social mobility charity that works with employers to provide students aged 16-18 with a 12-month programme including workplace mentoring, a paid 4-week internship, and masterclasses on the skills needed for career success.

The high-impact programme transforms students' career skills, self-esteem, and understanding of the world of work, helping them to kickstart their future careers. And it's also a great way for businesses to connect with young talent and build inclusive workplaces.

**We're asking businesses to get involved by providing a paid, 4-week internship to a young disabled person during July.**

To learn more about Career Ready



## How we'll support you and the students

By partnering with Bupa on this initiative we'll provide additional support through our partners for you and the students:

### Students will receive:

- A **4-week paid internship** hosted at your organisation
- A place on the **Career Ready 12-month programme** which includes a monthly mentoring session from a Bupa employee, workplace visits and 6 skills masterclasses
- **Access to Bupa's Healthy Minds Service**, 24/7 confidential telephone access to a team of specialists who can provide expert emotional and practical support
- **Access to Learn at Scope**, a new e-learning platform with employment based courses ranging from confidence and assertiveness to goal setting and time management
- Access to **disability workplace and culture training** provided by Scope
- **Meet members of the ParalympicsGB team** to hear their stories and visit their headquarters

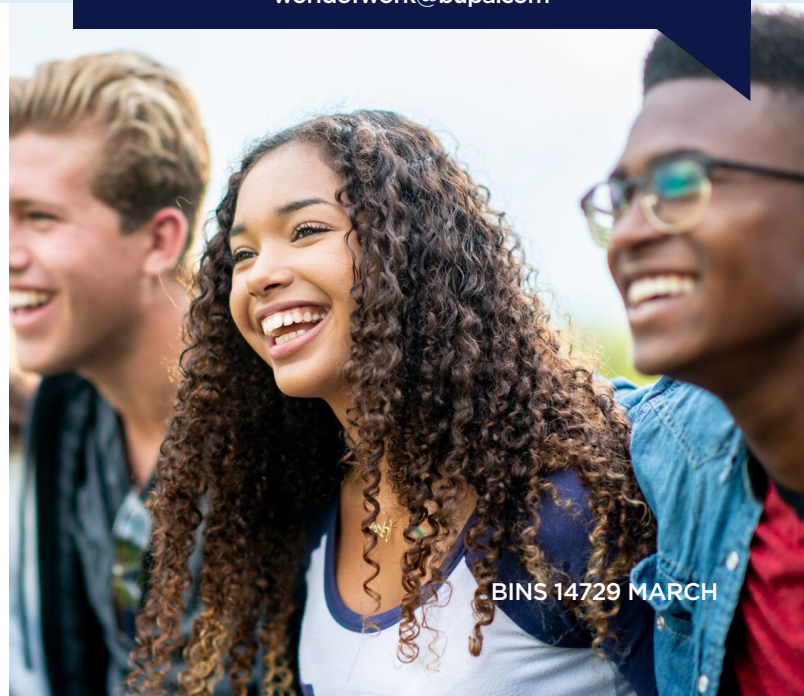
### Businesses will receive:

- **Guidance from Career Ready** on how to design and deliver an impactful internship, including student onboarding and how to structure the 4-week placement
- **Volunteer support from Career Ready**, including mentor and internship supervisor training, access to volunteer peer networks, and best practice handbooks and resources
- **Access to line manager training** from Scope: Employment barriers and lived experience
- **Access to Bupa's Academy** for Workplace health and wellbeing resources to support line managers
- **Access to Bupa's Internship insight working group** to share best practice

**To get your business involved please contact**  
[worldofwork@bupa.com](mailto:worldofwork@bupa.com)

**Together, we can  
champion workplaces  
where everybody  
can realise their full  
potential**

**Bupa. Better for business**



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