

Bupa Bluva Health



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Welcome to a
new standard
of healthcare



What is **Bupa Blua?**

Bupa Blua is our new digital healthcare offering. It makes the whole Bupa experience more convenient and connected than ever before.





Bupa Blua Health, the personalised healthcare app

Bupa Blua Health is our new app, built around your team. Bupa Blua Health is:

Anytime, anywhere healthcare**

Your team will get 24/7 access to appointments, by phone or video, plus prescriptions† delivered to their door or local chemist.

Totally personal

The content is tailored to your people.

The easy way to healthcare expertise

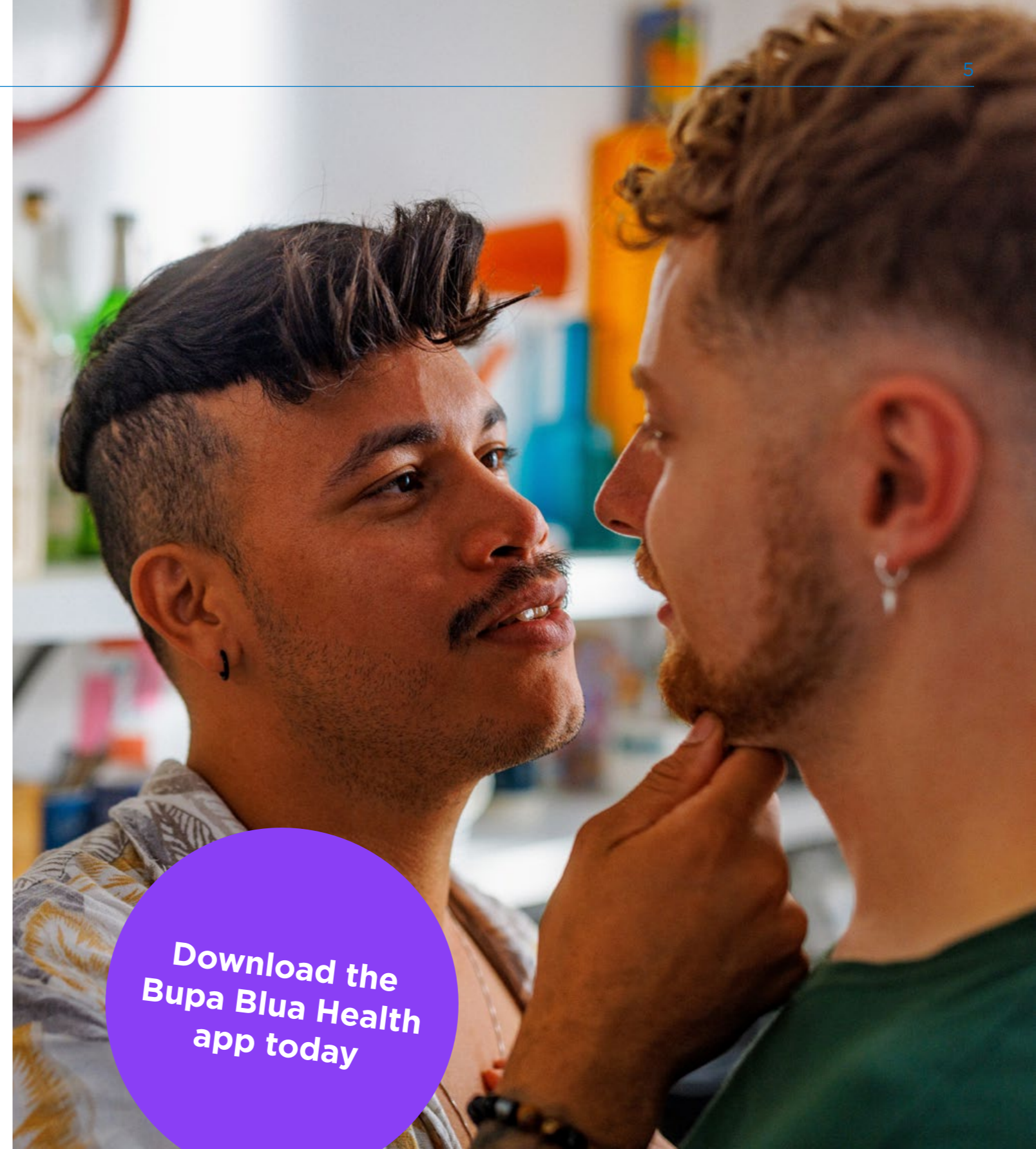
Via Bupa Blua Health, employees will be able to access the best level of care, including:

- GP, nurse, pharmacist and physio triage
- Remote mental health triage
- Symptom checker

And this is just the start. In the months ahead we'll be adding more services, more connectivity, and more ways to promote health and wellbeing in your workforce.

**Bupa Blua Health is UK-based but you can download the app and use some of its features from anywhere - as long as you have a reliable network connection. Our services follow UK laws and regulations when you're using them from abroad. Local restrictions mean you can't speak to a UK clinician through Bupa Blua Health from Australia, Canada, China, Germany, New Zealand, South Africa, or the USA. Before booking, please check for any local restrictions on consulting with a clinician outside of the country you're in at the time. There are some locations in Europe where you may be able to pick up your private prescription. Please let the clinician know during your appointment if you're outside of the UK, so they can best advise you.

†Whilst click and collect services or delivery is free, the cost of the prescription is paid for by the individual as this is a private prescription.



**Download the
Bupa Blua Health
app today**

Anytime, anywhere



How Bupa Blua Health is **different** from Digital GP

With Bupa's healthcare expertise behind it, Bupa Blua Health focuses as much on prevention as treatment, including access to symptom checkers, mental health practitioners, and MSK clinicians.

Your people can find the healthcare services they need, all in one app. Convenient, trusted and tailored to their needs.

And they can do it with the convenience of one Bupa log-in.

How Bupa Blua Health works with

Bupa Touch

Bupa Touch and Bupa Blua Health are better together.

Bupa Touch is where you can manage your personal details and your digital account. As well as access your documents and claims information.

Anyone with a Bupa digital account can sign in with the same details on the Bupa Blua Health app.

Once they're registered, they can navigate between Bupa Blua Health and Bupa Touch. There's no need to re-register and the same log in details can be used in both apps.

We're with you

Adopting Bupa Blua Health is easy and hassle free.

But if your team need any support, we're here to help. And if you have any questions, just speak to your account manager or visit www.bupa.co.uk/help-and-support/blua

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