Medicines checklist

Before taking a medicine, make sure you know the following.

JAN

S	M	T
5	6	7
12	13	14
19	20	21
26	27	28

- ✓ What your medicine is for and how it will help you.
- ✓ If there are any possible side-effects.
- ✓ How to take your medicine, including how long for.
- ✓ What to do if you miss a dose or take too much.
- ✓ Whether it could have a bad reaction with other medicines you're taking.
- ✓ If there are any foods, drinks or activities like driving that you should avoid.
- ✓ When not to take this medicine or seek advice from your doctor or pharmacist first.

You can find this information in the patient information leaflet that comes with your medicine. For further information or advice ask your pharmacist or doctor.